

Apply Your Knowledge

Identify the Symptoms Write an X next to the symptoms that could indicate a customer is having an allergic reaction.

- 1 Fever
- 2 Hives
- 3 Nausea
- 4 Bruising
- 5 Sneezing
- 6 Coughing
- 7 Diarrhea
- 8 Itchy rash
- 9 Swollen face
- 10 Abdominal pain
- 11 Shortness of breath
- 12 Tightening in the chest

For answers, please turn to page 2.34.

Apply Your Knowledge

The Most Common Food Allergens Write an X next to a food if it is or contains one of the eight most common food allergens.

- 1 _____ Green beans dressed with olive oil and garlic
- 2 _____ Smoked salmon wrapped in a lettuce leaf
- 3 _____ Multigrain bread made with wheat
- 4 _____ Melon slices wrapped with prosciutto (ham)
- 5 _____ Chocolate candy filled with peanut butter cream
- 6 _____ Raw oysters on the half shell
- 7 _____ Potatoes sautéed in duck fat
- 8 _____ Mushrooms seasoned with soy sauce and brown sugar
- 9 _____ Squash sautéed in corn oil
- 10 _____ Mixed green salad topped with walnut pieces
- 11 _____ Banana shake made with vanilla ice cream
- 12 _____ Vegetable omelet topped with tomato sauce

For answers, please turn to page 2.34.

2.25